



Camp Cedar IL Volunteer Packing List:

Clothing:

- Comfortable / move-ready clothes, layers for both hot and cold temperatures!
- Sneakers or old shoes
- Flip flops or sandals
- 2-3 pairs of socks
- 2-3 pairs of underwear
- Jeans
- Shorts
- T-shirts
- Sweatshirt
- Raincoat or poncho
- Pajamas

Bedding:

- 1 Sleeping bag (or twin sheet set and a blanket)
- Pillow
- Sleep mask (we leave Christmas lights on all night)

Toiletries:

- Toothbrush / Toothpaste
- Hair brush
- Shampoo / Conditioner
- Washcloth
- Bath Towel
- Deodorant

Other:

- Reusable water bottle
- Small backpack (to hold your songbook and water bottle)
- Optional - Snack or goodies of your choice (Must be kept in car or common volunteer room)
- Watch - to keep track of time
- Any special-needs foods
- Prescription medications in their original containers (will need to be kept with the nurse)
- Flashlight if you have one, two if you can share with someone else
- Mosquito repellent
- A book to read during "four off the floor"
- Big smiles and lots of laughter 😊

What NOT to bring:

- Valuables (jewelry, sentimental items that may get lost)
- Perfume or scented items
- Electronics of any kind (camera, phone, iPad, etc.)
- Phones must be left in your car

Please note that some items of clothing are not allowed:

- Low cut; too revealing; unacceptable advertising/inappropriate logos